## **Peer Marriage Assessment**

Is the marriage you have a true Peer Marriage or a Near Peer Marriage? The following assessment can help you determine the answer to this question.

- 1. Yes No Do you both hold equal leadership positions in the marriage?
- 2. Yes No Do you both get equal talk time in sharing, conflicts, and social outings?
- 3. Yes No Are you both considered equal contributors even if one partner is the financial provider and one the household or childcare provider?
- 4. Yes No Do you both have equal decision power for purchases, and saving or spending the money?
- 5. Yes No Do you both accept the influence of the other in the areas in which each is skilled, i.e., relationships, finances, parenting?
- 6. Yes No Are you both able to give leadership influence and partner in all areas regardless of gender stereotypes and expectations?
- 7. Yes No Do you feel the freedom to lead, and be respected and followed by your partner?
- 8. Yes No Are you careful about not using gender division stereotypes, i.e., women can't drive well, men who cry are weak?
- 9. Yes No Do you celebrate both female and male leaders, authors, artists?
- 10. Yes No Are you both supportive of each furthering your education or careers?
- 11. Yes No Are your sons, daughters, nieces, and nephews both promoted to be qualified leaders according to ability and not gender?
- 12. Yes No Do each of you follow female/male leadership in the home and outside of the home respectfully, without eyerolling, mocking, or undermining humor that marginalizes or invalidates the wife/mom in the home?
- 13. Yes No Are you respectful and supportive of one another according to your gifts and abilities even if those abilities are counter to gender stereotypes?
- 14. Yes No Is the wife pursued and validated for what she can offer in her leadership ability?
- 15. Yes No Are there equal advancement opportunities for both of you to excel in whatever you are interested in?
- 16. Yes No Does your marriage claim values of equity and reflect this in daily living?
- 17. Yes No Are both followed and promoted as spiritual leaders in the home?
- 18. Yes No In social settings, are women part of gender-inclusive conversations where they can participate because they have a shared knowledge of the topic (i.e., sports stats or sports analogies)?
- 19. Yes No In social settings, are men part of gender-inclusive conversations where they can participate because they have a shared knowledge of the topic (i.e., hair and beauty tips)?
- 20. Yes No Do you both show respect with eye contact when speaking and offer affirmation for expressed opinions and thoughts?
- 21. Yes No Do you introduce your partner in social settings?

- 22 Yes No Do you share household and parenting responsibilities?
- 23. Yes No Do you have an equal division of labor that you are both comfortable with?
- 24. Yes No When the husband/wife or other men/women use sarcasm, stereotypes, or objectifying humor to marginalize and invalidate male/female leaders, are they corrected?
- 25. Yes No Does each of you express your boundaries and respect each other's boundaries?
- 26. Yes No Do you each express feelings and needs to your partner?
- 27. Yes No Do each of you express a need for the other to partner with him/her?
- 28. Yes No Are there appropriate relationships with the opposite gender outside of marriage that both of you are comfortable with?
- 29. Yes No Is there a security in the marriage that each will behave appropriately with the opposite gender?
- 30. Yes No If there has been infidelity or inappropriateness in the marriage, has the offender made appropriate amends?
- 31. Yes No Is there a concern expressed by each of you to make it right if one or both are feeling disrespected, marginalized, unheard, or mistreated in the marriage?
- 32. Yes No When each of you asks to be comforted, protected, or connected with, does each receive this consistently?
- 33. Yes No Do you both laugh, applaud, and celebrate one another when it is deserved?
- 34. Yes No Do you both comfort, and express empathy and care, when there has been a loss or a crisis?
- 35. Yes No Do you each utilize marriage books, resources, and counseling that reflect egalitarian values?
- 36. Yes No Does the marriage culture provide freedom and support for each of you to be who you need to be?
- 37. Yes No Do both of you feel like God reflects your femininity as a woman and your masculinity as a man?
- 38. Yes No Are both men and women honored in your family history through pictures, stories, and visits?
- 39. Yes No Do you follow through with what you promise privately and act as promised publicly, (i.e., promise to refrain from hurtful teasing and act accordingly in public)?
- 40. Yes No Do both of you apologize for unfair treatment and make amends by creating equity, justice, and psychological safety for each of you?
- 41. Yes No If there are opportunities for the husband/wife to mentor the opposite gender outside of the marriage, is it done appropriately or to the comfort of each of you?
- 42. Yes No Do you both feel free to express your opinions, advocate for equitable treatment, and receive the care and help from the other to get your needs met?
- 43. Yes No Are wives empowered to advocate for other women leaders and girls without being negatively labeled or blocked by the husband?
- 44. Yes No Are you both held personally accountable for immoral or disrespectful behavior that hurts the marriage?
- 45. Yes No Are there ongoing marriage classes or resources implemented that might

promote gender parity in the marriage (i.e., defining emotional manipulation, unfair fighting)?

- 46. Yes No Is there an expressed value in words and actions by both of you for equity in the marriage?
- 47. Yes No Are there productive discussions on how to be better together and more loving partners?
- 48. Yes No Are each of you credited publicly and privately for your ideas, solutions, and contributions?
- 49. Yes No Are you both respectful of each other's voice by not interrupting during conflicts, discussions, socializing, or playful banter?
- 50. Yes No When working outside of the home is gender-balanced leadership desired?
- 51. Yes No When there is an issue for one, do both of you approach one another to receive support and understanding?
- 52. Yes No In family activities, are women acknowledged in social interactions the same as men and vice versa?
- 53. Yes No Do you both express gratitude and appreciation for each other's perspectives and differences?
- 54. Yes No When women speak, are they heard, helped, and honored for what they feel and need without ridicule for being needy?
- 55. Yes No When men speak, are they heard, helped, and honored for what they feel and need without ridicule for being weak?
- 56. Yes No Do you both take turns partnering and caring for the children?
- 57. Yes No If it is a dual income home, are both careers considered equally valuable thus making childcare a shared responsibility in order for both partners to further their careers?
- 58. Yes No Do you both create flexibility in your schedules as much as possible to allow the other to pursue their life, education, or career goals?
- 59. Yes No Is there equal free time and personal recreation time for each of you?
- 60. Yes No Do you both have equal access to finances and input on financial goals?
- 61. Yes No Are roles assigned by giftedness instead of gender within the marriage and home?
- 62. Yes No Is there a strong friendship in the marriage?
- 63. Yes No Do you both believe you have a mutually satisfying sex life?
- 64. Yes No Are both of you free to pursue sexual connection with your partner?
- 65. Yes No Do you feel emotionally connected to your partner?
- 66. Yes No Do you feel known by your partner?
- 67. Yes No Do you feel like you matter and are valued by your partner?
- 68 Yes No Are you both filling out this assessment?

## Scoring:

If you answered 50-68 questions with "no" then this is a Non-Peer Marriage.

If you answered 20-49 of the questions with "no" then this is considered a Near Peer Marriage.

If you answered 19 or fewer of the questions with "no" then this is a Peer Marriage.